



# See You Strut

Choreographed by Rachael McEnaney-White (UK/USA) (March 2018)

[www.dancewithrachael.com](http://www.dancewithrachael.com) - [dancewithrachael@gmail.com](mailto:dancewithrachael@gmail.com)

Tel: +1 407-538-1533 - +44 7968181933



**Description:** 64 Counts, 2 wall, Intermediate/Advanced level line dance  
**Music:** "Strut" – Adam Lambert ([itunes link](#)). Approx 3.29 mins  
**Count In:** 16 counts from start of track, dance begins on vocals. Approx 116 bpm  
**Video:** [Click here for free Demo](#) [Click here for Teach](#)

Section	Footwork	End Facing
<b>1 - 8</b>	<b>Walk fwd R-L, ¼ L hitch R, R side, ¼ L sailor, camel walk R-L</b>	
1 2 3 4	Step forward R (1), step forward L (2), make ¼ turn left as you hitch R knee (3), step R to right side <i>look to 12.00</i> (4)	9.00
5 & 6	Cross L behind R (5), make ¼ turn left stepping R next to L (&), step forward L (6)	6.00
7 8	Step forward R as you pop L knee forward (7), step forward L as you pop R knee forward (8)	6.00
<b>9 - 16</b>	<b>Repeat 1 - 8</b>	
1 2 3 4	Step forward R (1), step forward L (2), make ¼ turn left as you hitch R knee (3), step R to right side <i>look to 6.00</i> (4)	3.00
5 & 6	Cross L behind R (5), make ¼ turn left stepping R next to L (&), step forward L (6)	12.00
7 8	Step forward R as you pop L knee forward (7), step forward L as you pop R knee forward (8)	12.00
<b>17 - 24</b>	<b>R samba, L samba, R cross, ¼ R stepping back L, R close, L back, ½ R stepping fwd R</b>	
1&2 3&4	Cross R over L (1), rock L ball to left side (&) recover weight R (2), cross L over R (3), rock R ball to right side (&), recover weight L (4)	12.00
5&6 7 8	Cross R over L (5), make ¼ turn right stepping back L (&), step R next to L (6), step back L (7), make ½ turn right stepping forward R (8)	9.00
<b>25 - 32</b>	<b>L fwd rock, L side, R touch, R side, L touch, L ball, R cross, unwind full turn L, R side rock</b>	
1 2&3&4	Rock forward L (1), recover R (2), step L to left side (&), touch R next to L (3), step R to right side (&), touch L next to R (4)	9.00
& 5 6 7 8	Step L ball to L side (&), cross R over L (5), unwind full turn left ( <i>weight ends L</i> ) (6), rock R to right side (7), recover L (8)	9.00
	<i>During 5<sup>th</sup> wall restart the dance here – change the last count 8 "make ¼ turn left as you recover weight L"</i> <i>Restart The 5<sup>th</sup> wall begins facing 12.00 and you will restart the dance facing 6.00</i>	
<b>33 - 40</b>	<b>R sailor, L sailor, R behind, ¼ L, R side, L close, R side, Heel Raise / knee pop (OR hold).</b>	
1&2 3&4	Cross R behind L (1), step L next to R (&), step R to right side (2), cross L behind R (3), step R next to L (&), step L to left side (4)	9.00
5 & 6	Cross R behind L (5), make ¼ turn left stepping forward L (&), step R to right side (6)	6.00
& 7 & 8	Step L next to R (&), step R to right side (7), raise both heels off floor popping knees forward (&), return heels to floor (8) <i>OR HOLD &amp;8</i>	6.00
<b>41 - 48</b>	<b>L close, R point, hold, toe switches L-R, R kick, R ball, L side, R 'circle' hitch, R side</b>	
& 1 2	Step L next to R (&), point R to right side (1), hold (2)	6.00
& 3 & 4	Step R next to L (&), point L to left side (3), step L next to R (&), point R to right side (4)	6.00
5 & 6	Kick R across L ( <i>body angled to 4.30</i> ) (5), step R next to L (&), step L to L side (6) ( <i>body still angled to 4.30</i> )	4.30
7 8	Hitch R knee across L (7), make ¼ turn right stepping R to right side (8) <i>Styling: As you raise the knee make a circle shape clockwise to put the foot back down</i>	7.30
<b>49 - 56</b>	<b>L kick, L fwd, R touch, R back, L kick, L close, R kick, R ball change x2, R fwd, ½ pivot L</b>	
1&2&3	Kick L forward (1), step slightly forward L (&), touch R behind L (2), step slightly back R (&), kick L forward (3),	7.30
&4&5&6	Step L in place (&), kick R forward (4), rock back on ball of R (&), step in place L (5), rock back on ball of R (&), step in place L (6)	7.30
7 8	Step forward R (7), pivot ½ turn L ( <i>weight ends L</i> ) (8)	1.30
<b>57 - 64</b>	<b>R dorothy, 1/8 turn L dorothy, R fwd, ½ pivot L, ½ turn L back R, ½ turn L fwd.</b>	
1 2 &	Step R to right diagonal (1), lock L behind R (2), step R slightly to right diagonal (&)	1.30
3 4 &	Make 1/8 turn left stepping L to left diagonal (3), lock R behind L (4), step L slightly to left diagonal (&)	12.00
5 6 7 8	Step forward R (5), pivot ½ turn left (6), make ½ turn left stepping back R (7), make ½ turn left stepping forward L (8)	6.00

**START AGAIN**  
**HAPPY DANCING ☺**