Count: 64 Wall: 4 Level: High Intermediate
Choreographer: Scott Blevins and Jo Thompson Szymanski (October 2016)
Music: Keep It Groovin' by Extreme Music - Album: Superfunk

## \#16 count intro to start on lyrics

(1 Restart occurring after count 32\& on rotation 3)
[1-8] SIDE, HOLD, BALL, ROCK, RECOVER, RIGHT SAILOR, BEHIND, SIDE, CROSS

1) Step R to right; 2) Hold - Optional arms: 1) Put hands out to sides palms down; 2) Hold hand position
\&3-4
\&) Step L beside R;
2) Rock R to right; 4) Recover to $L$

5\&6
5) Step ball of $R$ behind $L$; \&) Step ball of $L$ to left; 6) Step $R$ to right

7\&8
7) Step $L$ behind $R$; \&) Step $R$ to right; 8) Step $L$ across $R$
[9-16] SIDE, TOUCH, $1 / 4$ LEFT, $1 / 2$ LEFT, $1 / 2$ LEFT, PREP, $1 / 2$ RIGHT, $1 / 2$ RIGHT
1-2 1) Step $R$ to right; 2) Touch $L$ beside $R$
Optional arms: 1\&) Circle R arm clockwise two small circles; 2) Snap fingers to $\mathbf{R}$
3-4 3) Turn $1 / 4$ left stepping $L$ forward [9:00]; 4) Turn $1 / 2$ left stepping $R$ back [3:00]
5-6
5) Turn $1 / 2$ left stepping $L$ forward [9:00];
6) Step R forward prepping for right turn

7-8
7) Turn $1 ⁄ 2$ right stepping L back [3:00]; 8) Turn $1 ⁄ 2$ right stepping $R$ forward [9:00]
[17-24] STEP, $1 ⁄ 2$ PIVOT, TRIPLE FORWARD, $1 ⁄ 2$ LEFT HIP CIRCLE, HIP BUMP, STEP, $1 ⁄ 2$ LEFT
1-2 1) Step $L$ forward; 2) Turn $1 / 2$ right taking weight on $R$ [3:00]
3\&4 3) Step L forward; \&) Step ball of R to $L$ heel; 4) Step $L$ forward

5
5) Step $R$ forward circling hips anti-clockwise from back to front as you make $1 / 2$ turn left [9:00]
6 6) Touch $L$ toe slightly forward bumping $L$ hip forward
7-8 7) Step down on L; 8) Turn $1 / 2$ left stepping $R$ back [3:00]
[25-32] L TOE STRUT BACK w/SWIM, R TOE STRUT BACK w/SWIM, ¼ RIGHT, SHAKE, ½ LEFT

1) Step $L$ toe back; 2) Drop $L$ heel taking weight on $L$ (Swim $R$ arm fwd over both counts)
2) Step $R$ toe back; 4) Drop $R$ heel taking weight on $R$ (Swim $L$ arm fwd over both counts)
5\&) Turn $1 / 4$ right stepping $L$ to left side feet in 2nd position, weight on both feet, shaking hips [6:00]
6\&7\&8) Relax knees and continue shaking hips making sure you are ready to make a $1 / 2$ turn left on L
\&
\&) Turn $1 / 2$ left on $L$ [12:00]
RESTART after this $1 / 2$ turn on rotation 3 facing the original 6 o'clock wall.
[33-40] CROSS, HOLD, CROSS, HOLD, SIDE ROCK, RECOVER, FWD ANGLE, HOLD
1-2 1) Step R forward and across L; 2) Hold
3-4
3) Step $L$ forward and across R; 4) Hold

5-6
5) Rock R to right; 6) Recover to $L$

7-8 7) Step R fwd and across L toward 11 o'clock; 8) Hold [11:00]
[41-48] ROCK, RECOVER, BACK, $1 ⁄ 2$ RIGHT, WALK AROUND
1-2 1) Rock $L$ forward on a diagonal toward 11 o'clock; 2) Recover to $R$
3-4 3 3) Step $L$ back; 4) Turn $1 / 2$ right stepping $R$ forward [5:00]
$5,6,7,8 \quad 5,6,7,8)$ Walk around clockwise L-R-L-R ending on a diagonal at 1 o'clock [1:00]
[49-56] TRIPLE FORWARD, STEP, $1 ⁄ 2$ PIVOT, TRIPLE FORWARD, STEP, 5/8 PIVOT
$1 \& 2$ 1) Step $L$ forward; \&) Step ball of $R$ to $L$ heel; 2) Step $L$ forward
3-4 3) Step R forward; 4) Turn $1 / 2$ left taking weight on $L$ [7:00]
5\&6 5) Step R forward; \&) Step ball of $L$ to $R$ heel; 6) Step $R$ forward
7-8 7) Step L forward; 8) Turn 5/8 right taking weight on R [3:00]
[57-64] TRIPLE FORWARD, ANGLE ROCK, RECOVER, CROSS, BACK, SIDE, CROSS

1) Step $L$ forward; \&) Step ball of $R$ to $L$ heel; 2) Step $L$ forward
2) Angle body to face 1 o'clock as you rock $R$ toward 5 o'clock bending knees and swinging hips to right; 4) Swing hips left as you recover to $L$ [1:00]
3-4
5-6 5) Step $R$ across L; 6) Step $L$ back
7-8
3) Step $R$ to right squaring up to 3 o'clock; 8) Step $L$ across $R$ [3:00]

Ending: Your final rotation will start facing the original 6 o'clock wall. You will dance through count 26 as written above.
On count 27 you will turn $1 / 4$ right stepping $R$ to right side to face the original 12 o'clock wall, on count 28 you will bring $R$ hand down to right side as you snap your fingers and look down toward R foot.

## Enjoy!

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